

Can I be forced to take 'time-off' from my card?

The simple answer is NO.

Police Regulations state that the choice of compensation claimed for working overtime rests with the officer. If compensation is claimed by way of 'time-off in lieu' and this time is not granted within three months then this should automatically be paid into your salary.

In other words, if you are being told to take the time off, and you do not wish to take it then ask for the time on your card to be paid instead!!